



Specialising in Golf Injuries & Fitness

core @ Rosapenna offers clients the best in Physical Therapy care and TPI Golf Fitness Programmes.

Physical Therapy

Treatment for back, neck, shoulder, elbow, leg pain etc.

€65

TPI Physical Assessment

Physical Screen, Report and Custom-Rehabilitation/Exercise Programme

€130

Personal Training

Implementing Stretching, Strengthening, Conditioning, Balance and Posture Programmes

€70 Individual

€20 Group
Min. 5 persons

core @ Rosapenna is part of **core** Pro Fitness Institute, one of the most advanced golf facilities in Europe.

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www.coreprofitness.com