



Breakfast Menu



<i>Continental Selection</i>				
<u>Juices</u>	<u>Cereals</u>	<u>Fresh Fruit</u>	<u>Dried Fruits</u>	<u>Dairy</u>
<i>Freshly Squeezed – Orange Juice</i>	<i>Cornflakes Rice-Krispies Weetabix Muesli</i>	<i>Fruit Salad Melon Balls Grapefruit-Segments Prunes</i>	<i>Apricots Raisins Dates Cranberries Figs</i>	<i>Natural Yogurt Strawberry Yogurt</i>
<i>Apple Juice Cranberry</i>				

Hot Homemade Porridge

*Grilled – Bacon, Sausages, Tomato, Black and White Puddings
Mushrooms*

Eggs – Poached, Fried, Scrambled or Boiled

Omelette with choice of filling

Ham, Cheese, tomato, Onion, mushroom

American Style Pancakes

Maple/Golden Syrup

Grilled Kippers

Fresh Fish of the Day

Toast, Brown Bread, Gluten Free Homemade Wheaton Bread

Bewley's Coffee or Tea